

1990 Region 4A Girls Championship at Lester Prairie on June 2nd & 4th

Teams: Mahtomedi 65, Waterville-Elysian-Morristown 34, Concordia Academy 32, Brooklyn Center 32, Le Sueur 32, Lester Prairie-Silver Lake 31, Mayer Lutheran 31, Montgomery-Lonsdale 24, Visitation 24, Sibley East 23, St Peter 19, Minnesota Valley Lutheran 18, Henderson 15, Norwood-Young America 14, Mankato Loyola 13, Faribault Academy 12, Cannon Falls-Randolph 12, New Prague 12, St Paul Academy 12, St Bernard's 10, Gibbon-Fairfax-Winthrop 9, St Croix Lutheran 8, Buffalo Lake-Hector-Stewart 8, Glencoe 2, LeCenter-Cleveland 2, Farmington 1, Winsted Holy Trinity 1.

100

- 1 Angela Lindsey, BC 13.16
- 2 Christa Brown, W-E-M 13.22
- 3
- 4 Amy Schroer, MN V L 13.45

200

- 1 Jennifer Hale, Conc Ac 25.90
- 2 Christa Brown, W-E-M 26.32
- 3 Shannon Pohl, Maht 26.48
- 4
- 5
- 6 Megan Nolan, Loyola 27.51

400

- 1 Christa Brown, W-E-M 61.71
- 2 Sara Hunt, StP 62.33
- 3 Anna Hedin, Maht 62.85

800

- 1 Becky Dahn, LeS 2:28.94
- 2 Kristen Berger, Hend 2:31.93

1600

- 1 Kara Monroe, LP-SL 5:29.62
- 2 Danae Anderson, M-L 5:38.8
- 3 Sara Voss, Loyola 5:41.67
- 4 Maggie Pfanz, Sib East
- 5
- 6 Amy Quick, Maht 5:45

3200

- 1 Bridget Murphy, SPA 12:08.3
- 2 Amy Bauer, M V Luth 12:43.83
- 3 Maggie Pfanz, Sib East 12:47.03

100 Hurdles (33")

- 1 Traci Mueller, Mayer Luth 16.334
- 2 Missy Tietz, M-L 16.79
- 3
- 4 Ruth Ehlke, Sib East 17.23

300 Hurdles (30")

- 1 Jennifer Hale, Conc Ac 47.89
- 2 Mara Mueller, StB 49.53
- 3
- 4 Ruth Ehlke, Sib East 50.32

4x100 Relay

- 1 Mayer Lutheran 52.37
- 2 St Peter

4x200 Relay

- 1 Mahtomedi 1:47.50 (M Cowherd, K Ryan, S Tapper, S Pohl)

4x400 Relay

- 1 Mahtomedi 4:17.83 (S Tapper, A Hedin, M Cowherd, K Ryan)

4x800 Relay

- 1 Visitation 10:15.10
- 2
- 3 Mahtomedi 10:19.5

Shot Put

- 1 Lisa Marshall, Maht 39-2
- 2 Denise Eloundo, BC 35-8.5
- 3 Janet Buesgens, Hend 35-0.75

Discus Throw

- 1 Lisa Marshall, Maht 145-1
- 2 Denise Eloundo, BC 121-10

Long Jump

- 1 Jennifer Hale, Conc Ac 16-2.5
- 2 Christa Brown, W-E-M 16-1.5
- 3
- 4 Shannon Pohl, Maht 15-6.75
- 5 April Bitz, Loyola 15-6.5
- 6 Ruth Ehlke, Sib East 15-2.75

High Jump

- 1 Traci Mueller, Mayer Luth 5-4
- 2 Anna Thibault, Farib Ac 5-2
- 3 Amy Schroer, MN V L 5-0
- 4 April Bitz, Loyola 4-10
- 5
- t6 Jenny Olson, Maht 5-6

Notes: The meet was halted on Saturday due to rain and completed on Monday.
Mahtomedi was coached by Tim Wilhelmson.